

<p><b>ברכה אחורונה</b> After Blessings</p> <p><b>ברכת המזון</b> Grace After Meals (Bentching)</p> <p><b>שיר המאלוות</b>   29 Livnei Korach   30 Al Naharot   31</p> <p><b>Lam'natzeiach Binginot</b>   32 Avarcha   33</p> <p><b>Mayim Acharonim</b>   33 Zimun   34</p> <p><b>Hazan et Hakol</b>   35 Nodeh   36 V'al Hakol   37</p> <p>Racheim   38 R'tzay   39 Uvenei   39</p> <p><b>Hatov V'hameitiv</b>   40</p> <p><b>Harachaman: Yizakeinu</b>   44 Yiru Et Hashem   44 Ya'ale V'yavo   45</p> <p><b>V'al Hanisim</b>   47</p> <p><b>ברכות לשמחות</b>   Special Additions   48</p> <p><b>Brit Milah</b>   52 Sheva Brachot   54 Al Hamichya   57</p> <p><b>Borei Nefashot</b>   60</p> <p><b>Brich Rachamana</b>   60 Havdalah   61 Veyiten Lecha   64</p> <p><b>Songs</b>   67</p>	<p><b>קידוש נרות</b> Candle Lighting</p> <p><b>קידוש בנות</b>   1 קידוש ליל שבת Friday Night Kiddush</p> <p><b>Shalom Aleichem</b>   2 Aishet Chayil   3 Hashem Ro-ee   5 Atkinu   5 Kiddush   6</p> <p><b>Azamer Bishvachin</b>   8 קידוש ליום השבת Shabbat Day Kiddush</p> <p><b>Hashem Ro-ee</b>   12 Atkinu   12 V'shamru   13 Im Tashiv   13 Zachor   14</p> <p><b>Asader LeSeudata</b>   15 סעודה שלישית Seudah Shelishit</p> <p><b>Hashem Ro-ee</b>   17 Atkinu   17 B'nei Heichala   18</p> <p><b>קידוש לחתנים</b> Yom Tov Kiddush</p> <p><b>קידוש לשלש רגלים</b>   19 קידוש לראש השנה   22 לישב בסוכה   22 קידושא רפא   24</p> <p><b>ברכות הנחנין</b> Food Brachot &amp; Bentching</p> <p>Hamotzi   26 Hagafen   27 Mezonot   27 Ha'eitz   27 Ha'adama   27 Shehakol   27</p>
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## FRIDAY NIGHT KIDDUSH

Hashem created the world in six days

and created rest on the seventh.

Celebrating Shabbat is our holy sign of faith in Hashem.

“Remember the Shabbat to make it holy” - this is the *Kiddush* over wine (which “gladdens the hearts of man and Hashem,” when used for a holy purpose).

Hashem chose us and made us holy by giving us His *Mitzvot* to follow. We celebrate Shabbat in commemoration of creation and our exodus from Egypt.

Fill a cup of wine (or grape juice) to the top.

Hold it in the palm of your right hand and recite the *Kiddush*.

ha-shi-shi      yohm  
**יום הַשְׁבָתִי.**

1



08

tz'va·ahm      v'chol      v'ha·ah·retz      ha·sha·ma·yeem      vai·chu·lu  
**וַיָּכֹל הַשְׁמִים וְהָאָרֶץ וְכָל צָבָאָם.**

2

ah·sa      ah·sher      m'lach·toh      ha·sh'vi·ee      ba·yohm      Eloheem      vai·chal  
**וַיָּכֹל אֱלֹהִים בַּיּוֹם הַשְׁבִיעִי, מְלָאכָתוֹ אֲשֶׁר עָשָׂה,**

3

ah·sa      ah·sher      m'lach·toh      mi·kol      ha·sh'vi·ee      ba·yohm      va·yeesh·boht  
**וַיֵּשֶׁבּת בַּיּוֹם הַשְׁבִיעִי, מִכֶּל מְלָאכָתוֹ אֲשֶׁר עָשָׂה.**

4

o·toh      vai·ka·daysh      ha·sh'vi·ee      yohm      et      Eloheem      vai·va·rech  
**וַיָּבֹךְ אֱלֹהִים אֶת יוֹם הַשְׁבִיעִי, וַיִּקְדַּשׁ אֹתוֹ,**

5

la·ah·soht      Eloheem      ba·ra      ah·sher      m'lach·toh      mi·kol      sha·vaht      vo      ki  
**כִּי בּוֹ שְׁבָתָה מִכֶּל מְלָאכָתוֹ, אֲשֶׁר בָּרָא אֱלֹהִים לְעֵשׂוֹת.**

6

\* If you do not have wine or grape juice and are making *Kiddush* on *Challah*, recite the *Hamotzi* blessing (page 26) here instead of *Hagafen*.

\*ma·ra·nan      sahv·ri  
**סְבִּרִי מְרַנְן :**

7

ha·ga·fen      p'rei      bo·ray      ha·o·lahm      Meh·lech      Elohaynu      Adonai      A·ta      Ba·ruch  
**בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ, מֶלֶךְ קָדוֹשָׁם, בָּרוּךְ פָּרִי הַגָּדוֹן.**

8

“Amein”

**The sixth day:** And the Heavens and the earth and all their hosts were completed. And God finished by the seventh day His work which He had done and he rested on the seventh day from all His work which He had done. And God blessed the seventh day and made it holy, for on it He rested from all his work which God had created to do.

Attention gentlemen! **Blessed are You**, Lord our God, King of the universe who creates the fruit of the vine.

RACHEIM: Please, Hashem, have mercy on us and on Jerusalem.  
 Give us all we need; we depend on You! Composer: King David  
 Composed for: The welfare of Israel, the kingdom of David and the Holy Temple.

	a·meh·cha	Yisrael	al	Elohaynu	Adonai	ra·chaym	רְחֵם	1
	,	יִשְׂרָאֵל עַמֶּךָ	יְהִי אֱלֹהֵינוּ,	עַל יִשְׂרָאֵל עַמֶּךָ	יְהִי אֱלֹהֵינוּ,	עַל יִשְׂרָאֵל עַמֶּךָ	וְעַל יִרְשָׁלַיִם	וְעַל יִרְשָׁלַיִם
	k'vo·deh·cha	meesh·kan	tzi·yohn	v'al	ee·reh·cha	Y'rū·sha·la·yeem	v'al	וְעַל מֶשֶׁבֶן כְּבוֹדְךָ
								וְעַל צִיּוֹן מֶשֶׁבֶן כְּבוֹדְךָ
	m'shi·che·cha		Da·veed		bayt	mal·choot	v'al	וְעַל מֶלֶכְתָּךְ בֵּית דָוד מֶשֶׁיחָךְ
	ah·lav	Sheem·cha	sheh·neek·ra	v'ha·ka·dosh	ha·ga·dol	ha·ba·yeet	v'al	וְעַל הַבִּית הַגָּדוֹל וְהַקָּדוֹשׁ שְׁנָקְרָא שְׁמֶךָ עַלְיוֹן.
	r'ay·nu	A·vi·nu						אֱלֹהֵינוּ, אֲבִינוּ, רְעֵנוּ,
	On Shabbat and Yom Tov, we replace "ray·nu - רְעֵנוּ -" with "ro·ay·nu - רְעֵנוּ -".							אֱלֹהֵינוּ, אֲבִינוּ, רְעֵנוּ,
	v'har·vi·chay·nu	v'chal·k'lay·nu		par·n'say·nu		zo·nay·nu		זָנוֹנוּ, פְּרִנְסָנוּ, וּכְלִפְנָנוּ, וּהְרוּחִיכָנוּ,
	tza·ro·tay·nu	mi·kol	m'hay·ra	Elohaynu	Adonai	la·nu	v'har·vach	וּהְרוּחָה לְנוּ יְהִי אֱלֹהֵינוּ מְהֻרָה מִכֶּל צְרוֹתָינוּ,
	Elohaynu	Adonai	tatz·ri·chay·nu				v'na	וּנָא אֵל תָּצִירִיכָנוּ, יְהִי אֱלֹהֵינוּ, יְהִי אֱלֹהֵינוּ,
	hal·va·ah·tahm	li·day	v'lo	va·dahm	ba·sar	ma·t'naht	li·day	לֹא לִידֵי מִתְנַת בָּשָׂר וְדָם, וְלֹא לִידֵי הַלּוֹאַתָם,
	v'ha·r'cha·va	ha·k'doh·sha	ha·p'tu·cha	ha·m'lay·ah	I'ya·d'cha	eem	lo	כִּי אִם לִידֵךְ הַמְלָאָה, הַפְּתֻוחָה, הַקָּדוֹשָׁה, וְהַרְחָבָה,
	va·ed	I'o·lahm	ni·ka·laym	v'lo	nay·vosh	sheh·lo	11	שְׁלָא נִבּוֹשׁ וְלֹא נִכְלָם לְעוֹלָם וְעַד.

**Have mercy, Lord our God, upon Israel Your people, upon Jerusalem Your city, upon Zion the abode of Your glory, upon the kingship of the house of David Your anointed, and upon the great and holy House over which Your Name was proclaimed. Our God, our Father, tend us, (our Shepherd), nourish us, sustain us, feed us, and provide us with plenty; and speedily, Lord our God, grant us relief from all our afflictions. Lord our God, please do not make us dependent upon the gifts of mortal men nor upon their loans, but only upon Your full, open, holy, and generous hand, that we may never be shamed or disgraced.**

**HAVDALAH**

We bid farewell to Shabbat with wine, spices and fire, noting that there are necessary separations in our world; between light and dark, holy and unholy etc. - and we are Hashem's holy nation.

Let there be light, joy, gladness and honor, always!



After the stars come out, we prepare for the *Havdalah* service with wine, good-smelling spices and fire.

The fire must have at least two wicks, therefore a multi-braided candle is most commonly used. Two candles or matches held together are fine.

Fill a cup of wine (or grape juice) to the top and hold it in the palm of your right hand. With the good-smelling spices and fire at your side, begin:

ef-chad	v'lo	ev-tach	y'shu·ah·ti	Ayl	hee-nay	
						1
הַנֶּה,	אֵל יְשִׁיעָתִי,	אַבְטָח וְלֹא אָפְחַד,				
li-shu·ah	li	vai-hee	Adonai	Yah	v'zeem·raht	o·zi
						2
וְהִי לִי לִישׁוּעָה.	וְהִי לִי לִישׁוּעָה.					
hai-shu·ah	mi-ma·ai·nay	b'sa·sohn	ma·yeem	oosh·av·tem		
						3
רְשָׁאַבְתֶּם מִים בְּשֻׁזָּן, מַמְעִינִי הַיְשׁוּעָה.	רְשָׁאַבְתֶּם מִים בְּשֻׁזָּן, מַמְעִינִי הַיְשׁוּעָה.					
seh-la	veer·cha-teh·cha	a·m'cha	al	hai-shu·ah	IAdonai	
						4
לִיְּהִי בָּרוּכָה עַל עַמֶּךָ לִיְּהִי בָּרוּכָה סָלָה.	לִיְּהִי בָּרוּכָה עַל עַמֶּךָ לִיְּהִי בָּרוּכָה סָלָה.					
seh-la	Ya·ah·kov	Elohay	la-nu	mees·gav	ee·ma·nu	Tz'va·oh
						Adonai
.אֱלֹהֵינוּ מֶשֶׁגֶב לָנוּ יְהִי יְעָקֹב סָלָה.	.אֱלֹהֵינוּ מֶשֶׁגֶב לָנוּ יְהִי יְעָקֹב סָלָה.					5
bach	bo·tay·ach	a·dahm	ahsh·ray	Tz'va·oh	Adonai	
						6
צְבָאות, אָשָׁרִי אָדָם בְּטַהֲרָה.	צְבָאות, אָשָׁרִי אָדָם בְּטַהֲרָה.					
kor·ay·nu	v'yohm	ya·ah·nay·nu	ha·Meh·lech	ho·shi·ah	Adonai	
						7
בַּיּוֹם קָרְאָנוּ יְעָנָנוּ הַמֶּלֶךְ הַוְשִׁיעָה,	בַּיּוֹם קָרְאָנוּ יְעָנָנוּ הַמֶּלֶךְ הַוְשִׁיעָה,					



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**Behold**, God is my Salvation; I will trust and I shall not fear. For God is my strength and song, and He will be a Salvation for me. You shall draw water in joy from the wellsprings of salvation for the God of salvation. Your blessing is upon Your nation forever. The Lord of Hosts is with us, the God of Jacob is a stronghold for us forever. Lord of Hosts, blessed is the person who trusts in You. God will save us; the King will answer us on the day we call.